

Qualified OBWC Wellness Vendor

The **StayFit Plan™** is a qualified wellness vendor that meets all of the Ohio BWC criteria for the Workplace Wellness Program Grant (WWPG): <u>http://www.ohiobwc.com/employer/programs/safety/wellnessgrants.asp#applychecklist</u>.

The StayFit Plan offers a comprehensive wellness solution at an affordable price allowing you to stretch your grant dollars. The StayFit Plan team of dedicated professionals will assist you with completing the required aspects of the WWPG to ensure you maintain your grant recipient status.

The benefits of a worksite wellness program include:

- Improved Employee Health
- Improved Productivity
- Reduced Absenteeism
- Effectively Manage Healthcare Costs

Our programs strive to reduce personal health risks through awareness, education, intervention and results in personal responsibility and accountability of health.



Our Cost Differential:

The StayFit Plan is **SO affordable**. Our focus is to bring affordable wellness solutions to employers that are effective and remove administrative hassles. When compared to other health and wellness programs , the StayFit Plan is almost one-third the cost.

Our mission is to bring back affordability to wellness by bringing **value-based solutions** that truly make sense for the client and participants---**maximizing every wellness dollar invested**.

StayFit Plan OBWC Services:

- Health Risk Assessment
- Off-site Biometric Screenings
- Physician Telephonic Consults
- Health Discount Program
- Secure Online Health and Wellness Programs
- Account Management
- Strategic Planning
- Data Collection, Analysis & Reporting



Contact Us TODAY!

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